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The Compliment Quotient

Boost Your Spirits, Spark Your Relationships and Uplift the World

Do you think compliments are merely etiquette or sugary, self-help-styled positive thinking? If so, think again!

- A new report based on 2,000 British adults found that the 'three-year glitch' has replaced the 'seven-year itch' as the tipping point when couples start to take each other for granted.
- Along with diminishing romance, the report revealed a steep decline in compliments partners give each other.
- *Over two-thirds of the men and women reported being turned off by the little things that used to endear them to each other!*

Complimentologist and author Monica Strobel addresses the issue of dwindling romance in her new book, ***The Compliment Quotient***, offering specific "complimentology" tips to ramp up the passion between men and women.

"Daily compliments counteract the little irritations that have couples pointing out each other's weak spots instead of enjoying their sweet spots," says Strobel. "Compliments allow us to tap into our own heart-center and let the grit of a relationship, be it with our husband, boss, friend, or child, sift away-- allowing us to touch the highest and best in others."

Brimming with humor and practical advice, ***The Compliment Quotient*** teaches busy women how to use compliments to reframe their mindsets regarding what they see and what they say amid their hurried lives, stressed relationships and a growing culture of callousness.

While a great many books address tactics for solving the ever elusive "get happy" mystery, few provide this realistic, step-by-step guidance on attaining it. ***The Compliment Quotient's*** easy "how to" style provides readers with the tools they need to quickly raise their compliment quotient and enhance all of their relationships – even with themselves.

ABOUT THE AUTHOR

In writing ***The Compliment Quotient***, author and 'complimentologist' Monica Strobel drew on a wealth of professional expertise and practical experience. She has long been recognized for her inspiring, can-do attitude and uplift-others approach, throughout a 25-year communications career in small business, governmental service and nonprofits. Strobel is a passionate mompreneur, seasoned writer and charismatic speaker, dedicated to empowering busy women to get more joy into and out of their lives and relationships. For more information visit www.complimentquotient.com .

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